

## **Report - XXVI**

### **Report on the XXVI National Kazakhstan International Forum “Asthma and Allergy” Held on April 29–30, 2026**

The XXVI National Kazakhstan International Forum “Asthma and Allergy,” held on April 29–30, 2026, in Almaty, became a truly landmark event for the medical community of the Republic of Kazakhstan.

The high-level forum brought together leading international experts, scientists, clinicians, and young researchers in an atmosphere of professional unity, scientific inspiration, and commitment to the advancement of modern medicine.

The International Forum of Allergists and Immunologists of the Republic of Kazakhstan, organized by Asfendiyarov Kazakh National Medical University with the support of the European Academy of Allergy and Clinical Immunology, was conducted at an exceptionally high organizational and scientific level, reaffirming the strong international reputation of the national school of allergology.

Within the framework of the XXVI National Kazakhstan International Forum “Asthma and Allergy,” fundamental, contemporary, and scientifically rich presentations were delivered by globally recognized leaders in the fields of allergology and clinical immunology.

President of EAACI, Maria Torres, delivered an outstanding and deeply informative lecture devoted to the integration of fundamental and clinical aspects of drug hypersensitivity. Her presentation attracted considerable interest from the audience due to its scientific depth, relevance, and high practical significance.

President of ARIA, the highly respected Professor Jean Bousquet, presented a comprehensive and strategically important lecture on the development of the ARIA 2025–2026 initiative. In his inspiring presentation, Professor Bousquet highlighted modern international approaches to the advancement of respiratory medicine, with particular emphasis on the importance of global scientific collaboration and interdisciplinary interaction.

EAACI Vice-President for Scientific Affairs, Professor Oscar Palomares, presented an innovative and highly relevant lecture focused on novel dendritic cell-targeted strategies for allergic and infectious diseases. The scientific data presented generated significant interest among participants due to their перспективность and practical value for modern clinical practice.

EAACI Secretary General, Professor Mohamed Shamji, delivered a modern and well-structured overview of therapeutic approaches to allergic diseases, demonstrating the latest achievements in immunomodulation and personalized patient care.

Particular attention was drawn to the remarkable presentation by Professor Maia Gotua, Director of the Tbilisi Center of Allergy and Immunology, посвящённое polysensitization in the era of molecular allergology. The lecture was distinguished by its high scientific value, contemporary perspective, and discussion of new horizons in personalized diagnostics and allergen-specific immunotherapy.

A profound and practice-oriented report on contemporary treatment strategies for atopic dermatitis was presented by Professor Zhanat Ispayeva, Head of the Department of Allergology and Clinical Immunology at Asfendiyarov Kazakh National Medical University. The presentation generated considerable professional interest and active discussion among forum participants.

The second presentation by Professor Zhanat Bakhitovna Ispayeva was devoted to one of the most relevant topics in modern allergology and immunology — the skin microbiome and immune diseases.

Alongside the leading EAACI professors, distinguished professors from the Republic of Kazakhstan and staff members of specialized departments of allergology and immunology also delivered presentations.

**«Our distinguished international honorary speakers»**

**Oscar Palomares**



**Maia Gotua**



**Zhanat Ispayeva**



## Fakhradiev Ildar



## Museum of Asfendiyarov Kazakh National Medical University



## Hall of Fame



## Oi-Qaragai







Particular pride and admiration among the forum participants were inspired by the presentations delivered by young researchers — first-year residents of the specialty “Allergology and Clinical Immunology” at Asfendiyarov Kazakh National Medical University. The young specialists demonstrated a high level of academic preparation, profound scientific interest, confident command of contemporary knowledge, and a sincere commitment to the advancement of national allergology and clinical immunology. Following the results of the scientific competition, the residents were awarded first-, second-, and third-degree diplomas, which became a well-deserved recognition of their scientific potential, professionalism, and successful research activities.





The XXVI National Kazakhstan International Forum “Asthma and Allergy” became not only a large-scale scientific platform for the exchange of advanced international experience, but also a vivid confirmation of the dynamic development of allergology and clinical immunology in Kazakhstan. The forum was held in an atmosphere of professional inspiration, scientific collaboration, and a shared commitment to achieving new advances for the benefit of patients’ health.